



AMAYA ALONSO PÉREZ

DOCTOR OF CHIROPRACTIC

CONTACT

☎ +34653220396

✉ amayaalonsodc@gmail.com

🌐 www.quirosum.es

📷 Quirosum and Amaya Alonso Perez

ABOUT ME

Mother of 2 amazing Children.
Passionate about Health, with a special focus on the early years of life and how they impact the rest of our lives.
Constantly learning:
"If you want to learn, teach."

COMPETENCIES

Specialist in the spine and nervous system and how it affects overall health.
Posture is a reflection of how we perceive the world and what our brain does with it.
I have dedicated my career to understanding and integrating this relationship, committed to sharing my knowledge with my community and as many people as possible.

WORK EXPERIENCE

Co-owner Centro Quirosum

July 04 until now

Retreat "Cuidándome en Cuerpo y Alma" creator and organizer

Residential retreats for trauma integration through Chiropractic and transpersonal and systemic therapy

Pregnancy and maternal education in Hospital Parque San Antonio 2004-2020

Associate teacher in Madrid Chiropractic College

Pediatrics and obstetrics 2010-2023

Other teachings

Lectured in ChiroEurope, AIC, BCC, AEQ, etc...
Trained over 400 Chiropractors in Brazil, Italy, UK, Germany and Spain through various courses, with a special focus on the psychomotor development of infants, Cranium, Trauma and Chiropractic Philosophy

EDUCATION

Life Chiropractic College west

Doctor of Chiropractic, California EEUU
1999-2004

BGI Master with Sue Brown

Trained and teaching with Sue Brown from 2004-2015

International Chiropractic Paediatrics

2006-2010 plus many seminars 2010-23

University Expert in Clinical Posturology Postgraduate UCAM

Spinal, Visual, Podiatry and dentistry and its effects on posture and general health.
October 22

Academy of Functional Paediatrics

Pregnancy & Birth Trauma, Neonatal Examination, Spinal & Cranial Correction, Neurobehavioural Disorders & Plagiocephaly and Treatment of Common Paediatric Syndromes
2010-2018

Other Chiropractic Trainings

SOT, Pettibon, Gonstead, Peak Potential Institute, Dynamic Body Balancing, Functional Neurology, Meersseman Protocol, TBM, NET, Etc...

Non-Chiropractic training

SAT program 2013-2017 (gestalt and transversal therapy), Anatomy for Movement Blandine Calais, Primitive Reflexes, Family Constelations and much more!

VOLUNTERRING

El Salvador Mission trip Mayo 2004

Team member of "Mission of Light" program in Kolkata from 09-15

Be Amazon, Amazone Colombia 13-14

Multiple lectures (+100) in schools, hospitals, associations, kindergarte, etc...



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DOCTORA EN QUIROPRÁCTICA

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Quirosum

SOBRE MÍ

Apasionada de la Salud, con especial énfasis en los primeros años de vida y como estos impactan en el resto de nuestra vida.

En constante formación:

“Si quieres Aprender Enseña”

COMPETENCIAS

Especialista en Columna Vertebral y Sistema Nervioso.

IDIOMAS

Español - Nativo

Inglés -Experta

VOLUNTARIADO

El Salvador Mission trip Mayo 2004

Organizadora del programa “Mission of Light” Calcuta 09-15

Be Amazon, Amazonas Colombia 13-14

FORMACIÓN Y EDUCACIÓN

Life Chiropractic College west

Doctor of Chiropractic, California EEUU
1999-2004

International Chiropractic Paediatrics

Certificate
2006-2010

Experto Universitario en Posturología Clínica

Post Grado UCAM
Octubre 22

Academy of Functional Paediatrics

Pregnancy & Birth Trauma, Neonatal Examination, Spinal & Cranial Correction, Neurobehavioural Disorders & Plagiocephaly and Treatment of Common Paediatric Syndromes
2010-2018

Más de 300 Hrs de formaciones de post-grado

EXPERIENCIA LABORAL

Co-Propietaria Centro Quirosum

Julio 04 hasta la fecha

Educación maternal H. Parque San Antonio 2004-2020

Profesora Asociada Centro Universitario Mª Cristina El Escorial

Pediatría y obstetricia 2010-2023

Docente de Formación Continuada 12-24

Formadora de más de 400 Quiropráctcos en Brasil, Italia, y España a través de diferentes formaciones con especial énfasis en el desarrollo psicomotor del bebé